

Lawrence to Shorefront Y

Total		Direction	Leg
0		Head west on Washington Ave	0.2
0.2	L	on Kenridge Rd	0.3
0.5	L	on Meadow Ln	0.1
0.6	BR	on Rock Hall Rd (slight right)	0.7
1.3		Continue on Cedarlawn Ave	0.3
1.6	L	at Reads Ln	0
1.6	R	at Cornaga Ave	0.8
2.4	L	on Rockaway Fwy	0.6
3	R	at Seagirt Blvd	0
3		Continue on Beach Channel Dr	2.2
5.2		Merge on Rockaway Fwy / Beach Channel Dr	3.6
8.8		Move to bike path along waterfront	0.7
9.5	R	Follow bike path onto west sidewalk of bridge	0.7
10.2	S	on bike path (path switches sides at one point)	1.5
11.7	L	across Flatbush Ave - continue on Shore Greenway	2.1
13.8	S	Path ends at Emmons Ave - continue on Emmons	1.2
15	S	as name changes to Neptune Ave	0.7
15.7	L	on Coney Island Ave	0.3
16		Right on Brightwater Ct - enter Shorefront Y Gym	end

Emergency Contacts:

Call 911 in all life-threatening emergencies

Hazon Staff: Nancy Lipsey: 617 960 6677 or David Rendsburg: 610 613 7695

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