

JCC on the Palisades to Shorefront Y

<i>Total</i>		<i>Direction</i>	<i>Leg</i>
0	L	out of JCC parking lot onto E Clinton Ave	0.6
0.6	R	on Rt 9W to head south	1.7
2.3	L	on Palisade Ave (large intersection with light)	0.1
2.4	R	on Hudson Terrace	3.2
5.6	L	to enter GWB bridge path	1
6.6	R	at bottom of ramp onto 178th (sidewalk at first)	0.1
6.7	L	left on Fort Washington (careful)	0.1
6.8	L	on 181st. At end, cross pedestrian bridge and head south on Greenway - steep downhills!	2
8.8	R	on 134th St. when Greenway ends. Path continues to the left at end of street	8
16.8	L	on Warren (signs for Brooklyn Br. - careful at turn)	0.3
17.1	S	through City Hall Park	0.1
17.2	S	to enter Brooklyn Bridge path	1.5
18.7	R	on Tillary (separated bike lane)	0.1
18.8	R	onto Cadman Plz W then...	0
18.8	L	immediately onto Clark St (follow bike sign)	0.2
19	L	onto Henry St (follow bike sign – green bike lane)	1
20	L	on Union Street (bike lane - watch for pot holes)	1.1
21.1	R	on 5th Ave (part bike lane)	1.2
22.3	L	on 20th (cemetary will be on the right)	0.7
23	BR	on McDonald Ave (cemetary on right)	0.6
23.6	R	onto Fort Hamilton Pkwy (cemetary on right)	0.5

Emergency Contacts:

Call 911 in all life-threatening emergencies

Hazon Staff: Nancy Lipsey: 617 960 6677 or David Rendsburg: 610 613 7695

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Total		Direction	Leg
24.1	R	onto 37th St (bike lane)	0.3
24.4	L	on 9th Ave (bike lane)	0.2
24.6	R	on 41st St (bike lane)	0.3
24.9	L	on 7th Ave (bike lane) Bathrooms in Park	1.2
26.1	BR	to stay on 7th Ave after 65 th	0.1
26.2		Move to middle lane on 7th Ave	0
26.2	L	to stay on 7th Ave	0.1
26.3	R	on 68th St	0.5
26.8	R-L	Right on 3rd Ave and left back on 68th (bike lane)	0.6
27.4	S	at end of 68th St across Shore Rd onto path	0.1
27.5	L	onto the Shore Greenway (at the pier)	4.2
31.7	BL	on path towards end of Greenway (<i>follow faint white lines away from the water</i>)	0.2
31.9	S	at end of path onto Shore Pkwy (<i>greenway connector and highway signs</i>)	1.1
33	BL	at fork away from ball fields to Bay 52nd street	0.1
33.1	R	onto Cropsey Ave (becomes 17 th St)	0.6
33.7	L	onto Surf Ave	0.8
34.5	R	on Brighton Beach Ave	0.2
34.7	R	on Brighton 1st Rd	0.1
34.8	L	on Brightwater Ct	0.3
35.1		End at the Shorefront Y	
		Enter to the gym to park your bike. Head to the back patio for lunch and the beach!	

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