

Riverdale Y to Shorefront Y

<i>Total</i>		<i>Direction</i>	<i>Leg</i>
0		Exit from Riverdale Y, head south on Arlington	0.1
0.1	L	on 256th St	0.1
0.2	R	on Riverdale Ave (becomes Henry Hudson West)	1.1
1.3	BL	at 239th St to continue on Riverdale Ave	0.7
2	L	onto W 230th St	0.2
2.2	R	on Kingsbridge (Marble Hill Ave)	0.1
2.3	R	on 228th St - becomes Terrace View (curves left)	0.5
2.8	R	to cross Broadway bridge (on sidewalk)	0.3
3.1	R	on W 218th St	0.2
3.3	L	on Seaman Ave (CAREFUL at stop sign)	0.8
4.1	R	onto Riverside at end of Seaman Ave	0.1
4.2	R	up the stairs to enter greenway	1.2
5.4	!!	Before GWB, two STEEP downhills - SLOW.	2.2
7.6	R	on 134th St. when Greenway ends. Path continues to the left at end of street	8
15.6	L	on Warren (signs for Brooklyn Br. - careful at turn)	0.3
15.9	S	through City Hall Park	0.1
16	S	to enter Brooklyn Bridge path	1.5
17.5	R	on Tillary (separated bike lane)	0.1
17.6	R	onto Cadman Plz W then...	0
17.6	L	immediately onto Clark St (follow bike sign)	0.2
17.8	L	onto Henry St (follow bike sign – green bike lane)	1
18.8	L	on Union Street (bike lane - watch for pot holes)	1.1
19.9	R	on 5th Ave (part bike lane)	1.2
21.1	L	on 20th (cemetary will be on right)	0.7

Emergency Contacts:

Call 911 in all life-threatening emergencies

Hazon Staff: Nancy Lipsey: 617 960 6677 or David Rendsburg: 610 613 7695

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Total		Direction	Leg
21.8	BR	on McDonald Ave (cemetary on right)	0.6
22.4	R	onto Fort Hamilton Pkwy (cemetary on right)	0.5
22.9	R	onto 37th St (bike lane)	0.3
23.2	L	on 9th Ave (bike lane)	0.2
23.4	R	on 41st St (bike lane)	0.3
23.7	L	on 7th Ave (bike lane) Bathrooms in Park	1.2
24.9	BR	to stay on 7th Ave after 65 th	0.1
25		Move to middle lane on 7th Ave	0
25	L	to stay on 7th Ave	0.1
25.1	R	on 68th St	0.5
25.6	R-L	Right on 3rd Ave and left back on 68th (bike lane)	0.6
26.2	S	at end of 68th St across Shore Rd onto path	0.1
26.3	L	onto the Shore Greenway (at the pier)	4.2
30.5	BL	on path towards end of Greenway (<i>follow faint white lines away from the water</i>)	0.2
30.7	S	at end of path onto Shore Pkwy (<i>greenway connector and highway signs</i>)	1.1
31.8	BL	at fork away from ball fields to Bay 52nd street	0.1
31.9	R	onto Cropsey Ave (becomes 17 th St)	0.6
32.5	L	onto Surf Ave	0.8
33.3	R	on Brighton Beach Ave	0.2
33.5	R	on Brighton 1st Rd	0.1
33.6	L	on Brightwater Ct	0.3
33.9		End at the Shorefront Y	
		Enter to the gym to park your bike. Head to the back patio for lunch and the beach!	

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