

Shorefront Y to 14th St Y

<i>Total</i>		<i>Direction</i>	<i>Leg</i>
0		Head north on Coney Island Ave	0.3
0.3	L	on Ocean View Ave	0.4
0.7	R	on Ocean Parkway	4.9
5.6	L	on Caton (after Church)	0.3
5.9	R	on McDonald Ave	0.6
6.5	L	onto 20th st	0.7
7.2	R	onto 5th Ave	1.6
8.8	L	onto Bergen St	0.8
9.6	R	on Smith (becomes Jay Street)	0.7
10.3	L	onto Tillary - separated bike lane	0.1
10.4	R	on Adams (before Bklyn Br path)	0.2
10.6	R	on Sands (street curves)	0.1
10.7		Enter Manhattan Bridge path across Jay St	1.2
11.9		At end of bridge, cross Canal into protected lane	
11.9	R	on Chrystie	0.2
12.1	R	on Grand St	0.5
12.6	L	on Pitt st - becomes Avenue C	0.8
13.4	L	on 10th st	0.3
13.7	R	on Avenue A	0.2
13.9		on 14th St - end at 14th St Y	0.2

Emergency Contacts:

Call 911 in all life-threatening emergencies

Hazon Staff: Nancy Lipsey: 617 960 6677 or David Rendsburg: 610 613 7695

Shorefront Y to 14th St Y

<i>Total</i>		<i>Direction</i>	<i>Leg</i>
0		Head north on Coney Island Ave	0.3
0.3	L	on Ocean View Ave	0.4
0.7	R	on Ocean Parkway	4.9
5.6	L	on Caton (after Church)	0.3
5.9	R	on McDonald Ave	0.6
6.5	L	onto 20th st	0.7
7.2	R	onto 5th Ave	1.6
8.8	L	onto Bergen St	0.8
9.6	R	on Smith (becomes Jay Street)	0.7
10.3	L	onto Tillary - separated bike lane	0.1
10.4	R	on Adams (before Bklyn Br path)	0.2
10.6	R	on Sands (street curves)	0.1
10.7		Enter Manhattan Bridge path across Jay St	1.2
11.9		At end of bridge, cross Canal into protected lane	
11.9	R	on Chrystie	0.2
12.1	R	on Grand St	0.5
12.6	L	on Pitt st - becomes Avenue C	0.8
13.4	L	on 10th st	0.3
13.7	R	on Avenue A	0.2
13.9		on 14th St - end at 14th St Y	0.2

Emergency Contacts:

Call 911 in all life-threatening emergencies

Hazon Staff: Nancy Lipsey: 617 960 6677 or David Rendsburg: 610 613 7695